

Programma zaterdag 30-03-2019

(> 12 jaar en jeugd vanaf blauwe gordel)

VOORMIDDAG

0^{de} Kyu – 6^{de} Kyu

10.30u – 11.30u (training 1)

HEIAN 2

5^{de} Kyu – 2^{de} Kyu

10.30u – 11-30u (training 1)

JION

1^{ste} Kyu – 1^{ste} Dan

10.30u – 11.30u (training 1)

H1 – H2 – TEKKI 2

2^{de} Dan – Hoger

10.30u – 11-30u (training 1)

H1 - H2 - JITTE

0^{de} Kyu – 6^{de} Kyu

11.30u – 12.30u (training 2)

HEIAN 3

5^{de} Kyu – 2^{de} Kyu

11.30u – 12-30u (training 2)

HEIAN 5

1^{ste} Kyu – 1^{ste} Dan

11.30u – 12.30u (training 2)

H4 – KKD

2^{de} Dan – Hoger

11.30u – 12-30u (training 2)

H3 – TEKKI 3

NAMIDDAG

0^{de} Kyu – 6^{de} Kyu

13.30u – 14.30u (training 3)

TEKKI 1

5^{de} Kyu – 2^{de} Kyu

13.30u – 14-30u (training 3)

KANKU DAI

1^{ste} Kyu – 1^{ste} Dan

13.30u – 14.30u (training 3)

TEKKI 1 - EMPI

2^{de} Dan – Hoger

13.30u – 14-30u (training 3)

EMPI - HANGETSU

0^{de} Kyu – 6^{de} Kyu

14.30u – 15.30u (training 4)

HEIAN 1

5^{de} Kyu – 2^{de} Kyu

14.30u – 15-30u (training 4)

TEKKI 1

1^{ste} Kyu – 1^{ste} Dan

14.30u – 15.30u (training 4)

BD – JITTE

2^{de} Dan – Hoger

14.30u – 15-30u (training 4)

H4 – KKD

Programma zondag 31-03-2019

(> 12 jaar en jeugd vanaf blauwe gordel)

VOORMIDDAG

0^{de} Kyu – 6^{de} Kyu

10.30u – 11.30u (training 5)

TEKKI 1

5^{de} Kyu – 2^{de} Kyu

10.30u – 11-30u (training 5)

BASSAI - DAI

1^{ste} Kyu – 1^{ste} Dan

10.30u – 11.30u (training 5)

JION - HANGETSU

2^{de} Dan – Hoger

10.30u – 11-30u (training 5)

H5 - GANKAKU

0^{de} Kyu – 6^{de} Kyu

11.30u – 12.30u (training 6)

HEIAN 5

5^{de} Kyu – 2^{de} Kyu

11.30u – 12-30u (training 6)

TEKKI 2

1^{ste} Kyu – 1^{ste} Dan

11.30u – 12.30u (training 6)

H3 - TEKKI 3

2^{de} Dan – Hoger

11.30u – 12-30u (training 6)

TEKKI 1 – TEKKI 2

NAMIDDAG

0^{de} Kyu – 6^{de} Kyu

13.30u – 14.30u (training 7)

HEIAN 4

5^{de} Kyu – 2^{de} Kyu

13.30u – 14-30u (training 7)

EMPI

1^{ste} Kyu – 1^{ste} Dan

13.30u – 14.30u (training 7)

H5 - GANKAKU

2^{de} Dan – Hoger

13.30u – 14-30u (training 7)

BD - JION

14.30u – 15.30u (training 8)

HERHALING VAN ALLE KATA'S